

How energy savvy are you?

At a time when more of us than ever before are temporarily working from home, we would like to share some of our energy saving top tips to make sure your homes and habits are as energy efficient as possible. Making small changes to your lifestyle will not only reduce your energy usage, but save you money too!

Make the switch to a low carbon energy tariff

As employees of EDF, we're all part of Generation Electric and have access to an exclusive low-cost, low-carbon energy tariff – [More Together](#).

Even if you signed up previously, drops in electricity prices mean we're able to offer even lower prices with new [More Together tariffs](#). Check to see if a quick and easy switch today can save you even more

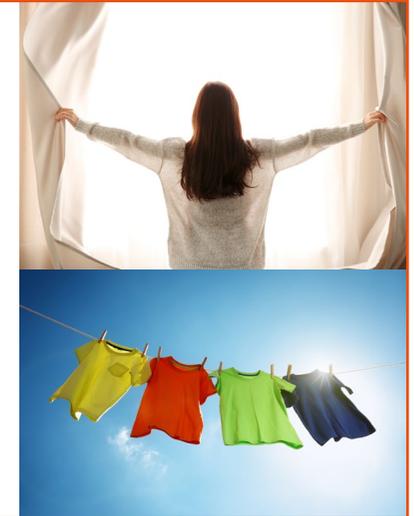


GENERATION ELECTRIC
The UK's largest generator of low-carbon electricity

Make the most of the sunshine!

We've been lucky to have some lovely sunny weather during this difficult time, so use it to help you save some energy

- **Open the curtains** and let the sun in to warm up your home and provide you with lovely natural light. It might even boost your productivity and mood!
- **Peg it out** – Save the tumble dryer energy by putting your washing out, even if it's just left by a sunny window. And make sure that washing machine is a full load.



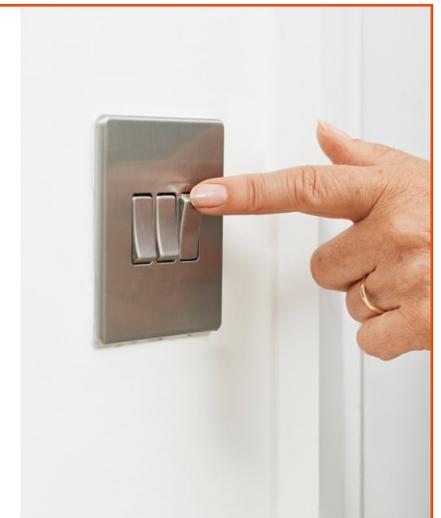
Heat wisely

- **Turn the heating down** - Just one degree could save you up to £80 a year!
- **Put a jumper on** – Instead of turning up the temperature on a chilly day, layer up to keep warm, or only heat the rooms you need to and limit the time your heating is on for.
- Check to see if **radiators need bleeding** to remove any trapped air that stops them working efficiently.



Switch it off!...and don't use standby

- Switch off lights: even if you turn off a light off for just a few seconds, it'll save more energy than it takes for the light to start up again – and could save you around £15 a year.
- You can save up to £30 a year just by turning your appliances off at the mains.
- Remember to unplug your phone, tablet, or laptop once they're fully charged. Avoiding unnecessary energy usage.



Reducing your computer's energy usage:

- Remember to switch your computer off at the end of each day to conserve energy and save money.
- Leaving a computer on overnight for a year creates enough carbon dioxide to fill a double-decker bus. You could save over £30 per year, just by switching it off at the end of your working day.
- A third of a computer's energy is used by the monitor; reducing your computer monitor brightness from 100% to 70% can save up to 20% of the energy used.
- A monitor left on overnight can waste enough electricity to laser print over 500 pages.
- Energy from devices such as computers left on standby account for 5-10% of the total electricity used in residential homes and accounts for about 1% of the world's carbon dioxide emissions.



More cups of coffee and kids off school mean more trips to the kitchen.

Save some of that extra energy...

- Only fill the kettle with as much water as you need– this will not only save on water, but also reduce the boiling time, saving energy and money.
- Up to a third of a fridge's cold air can escape every time you open the door resulting in more energy needed to cool it down again. Only have the door open as long as necessarily.



Are you buying new electrical home equipment?

Look for A+++ energy rated appliances and you could also save money through our employee discounts and cashback scheme



Time for some simple DIY?

How well insulated is your home? Is now the time to prepare for next winter with some simple tasks you can do yourself such as sealing draughts and putting foil lining behind your radiators to reflect heat back into the room?



Spring cleaning –

not only does a spring clean make your house feel shiny and bright, you can save energy too. How? Dust your light-bulbs and clean your windows to allow more light through. De-fluff around your radiators and appliance filters (e.g. washing machine and extractor fans) to make them more efficient.



Did you know...

if you're temporarily working from home, you're able to claim Income Tax relief. With effect from 6th April 2020, employees can claim tax relief on £26/month.



A Smarter Home:

Smart technology lets you effortlessly control your surroundings, so you can have things just the way you like them. Find out how you could be saving time, money and energy with easy to use smart home devices. visit EDF's Smart Home page



For more information: <https://www.edfenergy.com/energy-efficiency/tips-and-advice>