

Safeguard Assist prices - Capped and Deemed



All prices shown are inclusive of VAT charged at 5% and rounded. Prices on your bill are shown without VAT. Prices effective from 1 January 2026

Supply area and payment method		Electricity Prices (with VAT)					Gas Prices (with VAT)	
		Standard Meter ²		Economy 7 Meter ³			Standard Meter ²	
		Daily standing charge ¹	Unit rate (kWh)	Daily standing charge ¹	Day rate (kWh)	Night rate (kWh)	Daily standing charge ¹	Unit rate (kWh)
East Midlands	Direct Debit	50.169p	26.888p	49.565p	33.168p	15.430p	34.822p	5.790p
	Cash/Cheque	50.169p	26.888p	49.565p	33.168p	15.430p	34.822p	5.790p
	PAYG	50.169p	26.062p	49.565p	32.342p	14.695p	34.822p	5.565p
Eastern	Direct Debit	49.329p	27.883p	49.651p	34.447p	15.752p	34.738p	5.865p
	Cash/Cheque	49.329p	27.883p	49.651p	34.447p	15.752p	34.738p	5.865p
	PAYG	49.329p	27.028p	49.651p	33.525p	15.084p	34.738p	5.695p
London	Direct Debit	47.108p	26.998p	46.634p	33.225p	15.594p	35.624p	6.028p
	Cash/Cheque	47.108p	26.998p	46.634p	33.225p	15.594p	35.624p	6.028p
	PAYG	47.108p	26.169p	46.634p	32.378p	14.881p	35.624p	5.836p
Midlands	Direct Debit	54.081p	26.987p	53.673p	33.411p	15.376p	35.115p	5.853p
	Cash/Cheque	54.081p	26.987p	53.673p	33.411p	15.376p	35.115p	5.853p
	PAYG	54.081p	26.160p	53.673p	32.571p	14.653p	35.115p	5.632p
North East	Direct Debit	60.934p	26.747p	60.137p	33.165p	15.142p	35.204p	5.934p
	Cash/Cheque	60.934p	26.747p	60.137p	33.165p	15.142p	35.204p	5.934p
	PAYG	60.934p	25.926p	60.137p	32.267p	14.517p	35.204p	5.744p
North Scotland	Direct Debit	62.064p	28.362p	62.893p	34.732p	16.346p	35.277p	5.888p
	Cash/Cheque	62.064p	28.362p	62.893p	34.732p	16.346p	35.277p	5.888p
	PAYG	62.064p	27.491p	62.893p	33.869p	15.568p	35.277p	5.654p
North Wales and Merseyside	Direct Debit	71.012p	29.089p	70.205p	35.946p	16.175p	35.487p	5.941p
	Cash/Cheque	71.012p	29.089p	70.205p	35.946p	16.175p	35.487p	5.941p
	PAYG	71.012p	28.197p	70.206p	35.037p	15.413p	35.487p	5.697p
North West	Direct Debit	52.223p	28.447p	51.487p	34.966p	15.954p	35.231p	5.895p
	Cash/Cheque	52.223p	28.447p	51.487p	34.966p	15.954p	35.231p	5.895p
	PAYG	52.223p	27.574p	51.487p	34.012p	15.303p	35.231p	5.654p
South East	Direct Debit	48.662p	28.268p	49.039p	34.983p	15.725p	34.675p	5.825p
	Cash/Cheque	48.662p	28.268p	49.039p	34.983p	15.725p	34.675p	5.825p
	PAYG	48.662p	27.400p	49.039p	34.084p	15.003p	34.675p	5.624p
South Scotland	Direct Debit	57.620p	27.181p	58.402p	33.327p	15.751p	35.302p	5.888p
	Cash/Cheque	57.620p	27.181p	58.402p	33.327p	15.751p	35.302p	5.888p
	PAYG	57.620p	26.347p	58.402p	32.534p	14.953p	35.302p	5.654p
South Wales	Direct Debit	52.750p	28.181p	51.737p	34.938p	15.701p	35.355p	6.107p
	Cash/Cheque	52.750p	28.181p	51.737p	34.938p	15.701p	35.355p	6.107p
	PAYG	52.750p	27.316p	51.737p	34.049p	14.969p	35.355p	5.870p
South West	Direct Debit	55.106p	28.159p	55.589p	35.826p	14.316p	34.707p	6.147p
	Cash/Cheque	55.106p	28.159p	55.589p	35.826p	14.316p	34.707p	6.147p
	PAYG	55.106p	27.294p	55.589p	34.919p	13.614p	34.707p	5.970p
Southern	Direct Debit	45.702p	27.826p	45.724p	34.413p	15.711p	34.554p	6.001p
	Cash/Cheque	45.702p	27.826p	45.724p	34.413p	15.711p	34.554p	6.001p
	PAYG	45.702p	26.971p	45.724p	33.482p	15.058p	34.554p	5.829p
Yorkshire	Direct Debit	59.717p	26.687p	59.047p	32.899p	15.537p	35.179p	5.900p
	Cash/Cheque	59.717p	26.687p	59.047p	32.899p	15.537p	35.179p	5.900p
	PAYG	59.717p	25.869p	59.047p	32.106p	14.765p	35.179p	5.681p

¹The Daily standing charge applies whether or not you use any electricity or gas at your premises as supplied by EDF.

²Standard meter - this is the most common type of meter for electricity and gas. These meters show a Unit rate (kWh) using a mechanical clock, digital display or dial.

³Economy 7 meter - also known as E7. This is a two-rate meter for electricity that shows a Day rate (kWh) and a Night rate (kWh). Night rate gives you cheaper unit rates for a total of seven hours, typically between 10pm and 8am (actual times are set by the local network operator and can be found on your bill). All other kWh will be charged at the Day rate.

The charges shown are only available for supplying electricity and gas to continuously occupied premises used only or mainly for domestic purposes. If you are responsible for making payments under a Green Deal Plan, we will collect those payments from you using the same payment method as you use to pay for your energy.