

Information



School Children & Children in Childcare

Schools and Childcare providers within the DEPZ will be advised to close immediately in the event of a radiation emergency.

Existing school and childcare closure arrangements will be used for you to collect your child.



Vulnerable Adults

Persons being cared for in premises known to the local authority or health authority and who would have difficulty leaving the area will have special arrangements made for them.



Food and Water Advice

Safe to use:

- Food stored indoors, for example in homes or shops
- Medicines stored in their normal packaging
- Mains tap water, unless told otherwise

Wait for official guidance before:

- Using private water supplies
- Consuming food stored outdoors, for example on open-air markets or stalls
- Harvesting fresh produce to eat, for example from a garden or allotment



Shipping and Boats

The Coastguard will warn shipping and boats.



Sizewell

Radiation Emergency Information

Information for people in the Detailed Emergency Planning Zone



Information on Rest Centres

In case of emergency, two Rest Centres will be made available to provide temporary shelter.

The location to be used in case of an emergency will be chosen on the day depending upon wind direction.

This information will be passed to people by Police and local media.

If you need help to understand this information in another language please call 03456 066 067

Se precisar de ajuda para ler estas informações em outra língua, por favor telefone para o número abaixo. 03456 066 067

Portuguese

Jeżeli potrzebujesz pomocy w zrozumieniu tych informacji w swoim języku zadzwoń na podany poniżej numer. 03456 066 067

Polish

এই লেখাটি যদি অন্য ভাষাতে বুঝতে চান তাহলে নিচের নম্বরে ফোন করুন 03456 066 067

Bengali

Jeigu jums reikia šios informacijos kita kalba, paskambinkite 03456 066 067

Lithuanian

Dacă aveți nevoie de ajutor pentru a înțelege această informație într-o altă limbă, vă rugăm să telefonați la numărul 03456 066 067

Romanian

Если для того чтобы понять эту информацию Вам нужна помощь на другом языке, позвоните, пожалуйста, по телефону 03456 066 067

Russian

If you would like this information in another format, including audio or large print, please call 03456 066 067.



Information

Please keep this information at home or at work along with any other guidance, any stable iodine tablets should be kept at this property at all times.

Additional copies of this information can be obtained from Suffolk County Council.

This is done in conjunction with a range of other responders:

- Suffolk Constabulary
- Suffolk Fire and Rescue Service
- East of England Ambulance Service NHS Trust
- East Suffolk Council
- NHS England
- Ipswich & East Suffolk Clinical Commissioning Group
- Public Health England East of England Health Protection Team
- Essex and Suffolk Water
- UKPN
- Environment Agency
- Food Standards Agency
- Ministry for Housing, Communities and Local Government (MHCLG)
- Maritime and Coastguard Agency
- Office for Nuclear Regulation
- Met office
- EDF Energy



Suffolk County Council Customer Services

0345 606 6067

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Radiation Emergency Information

Information for people in the Detailed Emergency Planning Zone



If you need assistance during a radiation emergency, please contact the Suffolk Emergency Helpline on

0345 603 2814

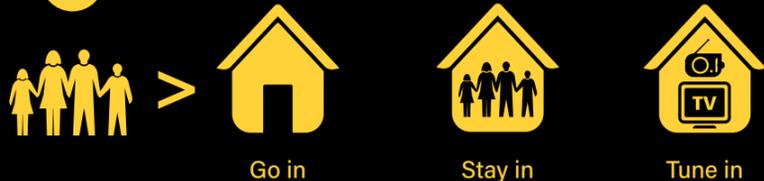
Keep listening to local radio/TV and social media for further information on evacuation arrangements.

Radiation Emergency Information

This leaflet describes how the emergency arrangements might affect you as a local resident, visitor or worker based within the Detailed Emergency Planning Zone (DEPZ). It has been issued by Suffolk County Council in accordance with the Radiation [Emergency Preparedness & Public Information] Regulations 2019 (REPPPIR) and in conjunction with nuclear operators and Suffolk Resilience Forum.

- Nuclear power stations are designed, operated and regulated to ensure that accidents are highly unlikely. However, it is prudent to have arrangements to deal with such a situation should it occur.
- The information contained in this document tells you about these arrangements and explains what you need to do in the event of an emergency to protect you from exposure to radiation and radioactive material.

Initially



Alerting and Informing you during an emergency

If you live inside 1.35km (0.8 mile) of the Sizewell B power station, you should take immediate action to shelter and take pre-issued stable iodine.

If you live outside of the 1.35km (0.8 mile) area, you should wait for information before taking any action: Listen out for instructions communicated:

- By police officers
- By local radio and/or television
- By social media



If you are advised to shelter
People at home should:

- Go indoors
- Bring domestic pets indoors if it can be done quickly without spending too long outside
- Leave all farm animals where they are
- Close all outside doors and window
- Switch off any ventilation or extractor fans
- Tune into your local radio/TV and listen for any further instructions



Stay informed (TV, Radio and social media)

Your local radio/TV stations and media sites

- BBC Radio Suffolk (103.9 MHz and 95.5 MHz FM)
- Beach Radio (97.4MHz FM)
- BBC TV East
- Anglia TV
- EDF Energy Twitter: @edfenergycomms
- Suffolk County Council Twitter: @suffolkcc
- Suffolk Police Twitter: twitter.com/SuffolkPolice
- Suffolk Police Facebook: www.facebook.com/SuffolkPolice
- Suffolk County Council Facebook: www.facebook.com/SuffolkCountyCouncil

If you occupy a residential or business premises within 1.35km (0.8 mile), you will have been issued with a supply of stable iodine tablets. These need to be kept in a safe place, which should be recorded here in case you need to find them.

Safe place

Stable iodine tablets

Stable iodine tablets have been pre-issued to residents within a 1.35km (0.8 mile) area requiring urgent counter-measures.

The tablets are only to be taken when advised to by automated telephone message, or other communications methods, in the event of a radiation emergency being declared at Sizewell B Power Station.

The tablets act to 'top up' your thyroid gland with stable (non-reactive) iodine to prevent it from accumulating any radioactive iodine that may be in the environment.

If you move home away from the area, please return your iodine tablets to your nearest pharmacy for safe disposal.

Additional stocks of these tablets are available to be issued following an emergency. These tablets will be issued under the advice of health professionals involved in the emergency response.

A specific information leaflet is provided with the tablets explaining the dose to be taken. Only one dose should be necessary and the tablets can be taken by any age. Please take the tablets as soon as possible when necessary to get the maximum benefit.

Note 1: The only people who should not take these tablets are those who are allergic to iodine and those people who have the very rare conditions of Hypocomplementaemic Vasculitis or Dermatitis Herpetiformis. If you are unsure if you have these conditions, consult your local GP.

Note 2: Very young babies (less than 1 month old) and women more than six months pregnant should take the tablets as directed in the leaflet issued with the tablets.

Taking your stable iodine tablets

When advised to do so, please take the stable iodine tablets that have been issued to you in accordance with the instructions provided.

For further advice on a Sizewell radiation emergency visit:

www.suffolkresilience.com/risk-advice



Evacuating the area (not an automatic action)

Evacuation is not an automatic countermeasure and would be agreed by the Suffolk Strategic Co-ordination Group at Police HQ with advice from Public Health England.

If you are advised by Suffolk Police to leave the area, please work through the following checklist:

- Get together the people and pets in your household (excluding children at school)
- Pack a supply of warm clothing
- Pack any special food that anyone in your family needs
- Pack any medicines that anyone in your family needs
- Take stable iodine tablets with you, if evacuated
- Take personal documents and valuables
- Pack some books and toys for children
- Make sure all naked flames including candles and/or fires are extinguished. Make sure that cookers, ventilation fans, TVs and other electrical appliances etc, are turned off and unplugged
- Lock up your property
- Leave using your own transport, keeping windows and ventilation closed. If this is not possible you will be told where transport will be provided
- Go to the rest centre (see map) or any other centre designated
- Or, go to a friend or relative's home if it is outside the evacuation area – but please inform the police of your location with the registration card